



**Does your partner humiliate or insult you in front of others?  
Do they constantly criticise you?  
Does your relationship make you feel worthless?  
It doesn't matter what type of relationship you are in,  
or whether you are Lesbian, Gay, Bi or Trans\*  
Verbal abuse hurts. The scars last**

**TAKE THE STEP. MAKE THE CALL**  
**[www.takethestep.co.uk](http://www.takethestep.co.uk)**

  
**Broken Rainbow UK**  
**0300 999 5428**